

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Riboflavin (Vit. B ₂)	100 mg	7,692%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	3.4 mg	200%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B ₁₂ (as Cyanocobalamin)	4.8 mcg	200%
Calcium (as Dibasic Calcium Phosphate, Calcium Carbonate)	180 mg	14%
Magnesium (as Magnesium Oxide)	200 mg	48%