

Excedrin PM Caplets

Drug Facts

Active ingredients (in each caplet)

Purposes

Acetaminophen 250 mg	Pain reliever
Aspirin 250 mg (NSAID*)	Pain reliever
Diphenhydramine citrate 38 mg	Nighttime sleep-aid

*nonsteroidal anti-inflammatory drug

Uses

For the temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Reye's syndrome: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

Allergy alert: Acetaminophen may cause severe skin reactions.

Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Allergy alert: Aspirin may cause a severe allergic reaction which may include:

- hives
- facial swelling
- asthma (wheezing)
- shock

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 2 caplets in 24 hours, which is the maximum daily amount
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)

- have 3 or more alcoholic drinks every day while using this product
 - take more or for a longer time than directed
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Do not use

- if you have ever had an allergic reaction to acetaminophen, aspirin or any other pain reliever/fever reducer
 - with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
 - with any other product containing diphenhydramine, even one used on skin
 - in children under 12 years of age
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Ask a doctor before use if

- you have liver disease
- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have asthma
- you have glaucoma
- you have a breathing problem such as emphysema or chronic bronchitis
- you have trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are taking

- a prescription drug for:
 - diabetes
 - gout
 - arthritis
 - any other drug, or are under a doctor's care for any serious condition
 - any product that contains aspirin, acetaminophen, or any other pain reliever/fever reducer
 - sedatives or tranquilizers
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When using this product

- drowsiness will occur
 - avoid alcoholic drinks
 - do not drive a motor vehicle or operate machinery
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Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding:
 - feel faint
 - vomit blood
 - have bloody or black stools
 - have stomach pain that does not get better
- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- pain gets worse or last for more than 10 days
- painful area is red or swollen

- ringing in the ears or a loss of hearing occurs
- any new symptoms occur

These could be signs of a serious condition

If pregnant or breast-feeding, ask a health professional before use. It is especially important not to use aspirin at 20 weeks or later in pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not use more than directed**
 - do not use in children under 12 years of age
 - adults and children 12 years of age and over: take 2 caplets at bedtime, with a full glass of water
 - do not take more than 2 caplets in 24 hours, unless directed by a doctor
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Other information

- each caplet contains: 75 mg calcium
 - store at 20°-25°C (68°-77°F)
 - close cap tightly after use
 - read all product information before using. Keep this box for important information.
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Inactive ingredients

benzoic acid, calcium carbonate, FD&C blue no. 1 aluminum lake, ferric oxide yellow, hypromellose, low-substituted hydroxypropyl cellulose, magnesium stearate, maltodextrin, medium-chain triglycerides, polydextrose, polysorbate 80, povidone, pregelatinized corn starch, silicified microcrystalline cellulose, stearic acid, talc, titanium dioxide, zinc stearate

Questions or comments?

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