

Supplement Facts

Serving Size 1 Packet (3.8 g)

Amount Per Serving	% Daily Value
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Calories 10

Total Carbohydrate 2 g	<1%†
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Total Sugars 1 g	*
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Includes 1 g Added Sugars	2%†
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Sodium 400 mg	18%
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Potassium 190 mg	4%
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L-Theanine 100 mg	*
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Ginger Root Extract (<i>Zingiber officinale</i>) 50 mg	*
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Melatonin 4 mg	*
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†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.